

अमित खरे, भा.प्र.से.
सचिव

AMIT KHARE, IAS
Secretary

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सत्यमेव जयते

भारत सरकार

Government of India

मानव संसाधन विकास मंत्रालय

Ministry of Human Resource Development

उच्चतर शिक्षा विभाग / स्कूल शिक्षा एवं साक्षरता विभाग

Departments of Higher Education/

School Education & Literacy

127 'सी' विंग, शास्त्री भवन, नई दिल्ली-110 001

127 'C' Wing, Shastri Bhawan, New Delhi-110 001

D.O. No. Secy(HE)/MHRD/2020

3rd April, 2020

To

Chairman, UGC/Chairman, AICTE/Chairman, AICTE/Chairperson, NCTE/
Chairman, NIOS/Director, NCERT/Director General, NTA/Commissioner, KVS/
Commissioner, NVS

COVID-19 : STAY SAFE

Information about

- 1. Arogya Setu App**
- 2. General Measures to enhance body's natural defence system**
- 3. Light candle at 9.00 PM on 5th April, 2020 for 9 minutes**

Dear Madam/Sir,

This is to inform that Arogya Setu App has been developed to fight against Covid-19. This app will be helpful to students, faculty/teachers and their family members. This app can be downloaded from:

iOS : [itms-apps://itunes.apple.com/app/ id505825357](https://itunes.apple.com/app/id505825357)

Android : <https://play.google.com/store/apps/details?id=nic.goi.arogyasetu>

2. Further, Ministry of AYUSH has developed a protocol for immunity boosting measures for self care for kids. The same is also enclosed for downloading by our students, faculty members, teachers and their family members.

3. As addressed by Hon'ble Prime Minister on 3rd April, 2020 students may light a candle, diya or torch of their mobile for **9 minutes at 9 PM on 5th April, 2020** to realize the power of light and to highlight the objective for which we all are fighting together. However, no one should assemble in colonies or road or anywhere outside their houses.

Regards

Yours sincerely,

Amit Khare
3.4.2020
(Amit Khare)

Encl. As above

Copy to:

Health Secretary / Secretary (AYUSH) / Secretary (MeITY) for information.