

CENTRAL UNIVERSITY OF HARYANA

Term End Examinations July 2023

Programme: Advance Diploma in Child Guidance and Counselling

Session: 2022-23

Semester: II

Max. Time: 3 Hours

Course Title: Integrating Interventions

Max. Marks: 70

Course Code: SHSS PSY 05 02 09 C 4004

Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Discuss the WHO model of school mental health.
- b) Write a short note on the process of crisis intervention.
- c) Why pedagogy is important during the process of intervention?
- d) Briefly describe the role of workshops for parents and teachers.
- e) How supportive counselling is different from regular counselling?
- f) Briefly discuss the common traumas experienced during childhood.
- g) Write about the ethical code of conduct followed during intervention.

Q 2. (2X7=14)

- a) What is the concept of mental health program for schools. Write about its importance.
- b) Discuss the importance and types of training programs for teachers and parents.
- c) Discuss the need assessment strategies for mental health programs.

Q3. (2X7=14)

- a) Visualize the process and steps to be followed during conceptualizing assessment of intervention programs.
- b) Write about the procedure of diagnostic workup during intervention.
- c) Explain how interventions are planned for counselling.

Q 4. (2X7=14)

- a) What are the after effects of trauma and child abuse on children?
- b) Discuss the physical and psychological symptoms of trauma.
- c) Discuss the issues faced by parents before and after the process of adoption.

Q 5. (2X7=14)

- a) Discuss how an effective counsellor can be of great help to address a psychological trauma.
- b) Explain the conceptual framework of ethical decision making.
- c) What is the role of ethics in counselling. Discuss the major ethical concern in school system.

CENTRAL UNIVERSITY OF HARYANA

Term End Examinations July 2023

Programme: Advance Diploma in Child Guidance and Counselling

Session: 2022-23

Semester: Second

Max. Time: 3 Hours

Course Title: Intervention for Adolescents

Max. Marks: 70

Course Code: SHSS PSY 05 02 08 C 3126

Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) What is Career Counselling?
- b) What is Academic Profiling?
- c) What is Case Conceptualization?
- d) What do you understand by practice guidelines in counselling?
- e) What are Negative Automatic Thoughts? Explain their role
- f) What is the need of Family Life Education?
- g) Differentiate between interest and aptitude.

Q 2. (2X7=14)

- a) Describe Mental State Examination in detail.
- b) Explain the process of conduction CBT.
- c) What is Cognitive Distortion and how do they arise?

Q3. (2X7=14)

- a) What are the indications and contraindications of CBT?
- b) What are the Cognitive Techniques of Intervention?
- c) How can CBT help in managing mood and anxiety disorders?

Q 4. (2X7=14)

- a) Explain the steps to design FLE program.
- b) How will FLE help deal with problems related to sexuality and reproductive health?
- c) What are the challenges in implementing FLE Programs?

Q 5. (2X7=14)

- a) Explain any two assessment tool useful during career guidance.
- b) What factors can influence career choices of adolescents?
- c) Explain the process of Career counseling.

CENTRAL UNIVERSITY OF HARYANA

Term End Semester Examinations June-July 2023

Programme: Post Graduate Diploma in Rehabilitation Psychology.

Session: 2022-23

Semester: Even

Max. Time: 3 Hours

Course Title: Rehabilitation Assessment and Counselling

Max. Marks: 70

Course Code: SHSS PSY 04 02 04 C 4105

Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) What is decision-making model based on through assessment?
- b) Name the major benefits of Interventions.
- c) What do you understand by the concept of dual relationships?
- d) Describe the significance of family counselling.
- e) Evaluate in brief behavior modification in counselling.
- f) Write a brief note on emotional development.
- g) Briefly describe the importance of identification of interest in vocational counselling.

Q 2. (2X7=14)

- a) State professional challenges involved in counselling and conflict resolutions.
- b) What are ethics in counselling? Discuss the ethical client care codes in counselling activities.
- c) How is the culture relevant to counselling? Describe in brief.

Q3. (2X7=14)

- a) Elaborate humanistic approach and its relevance to counselling.
- b) What is existential approach? Describe its main features.
- c) What do understand by remedial techniques for scholastic problems?

Q 4. (2X7=14)

- a) What are mood disorders? State various psychological and behavioural symptoms.
- b) What do you understand by family? Can we assess the functioning of family? Elucidate.
- c) Describe specific interventions of anger management.

Q 5. (2X7=14)

- a) Highlight dimensions and implications of assessment in counselling.
- b) What is job placement? Sum up the factors affecting job placement process.
- c) Present the elite schemes relevant to skill development.

CENTRAL UNIVERSITY OF HARYANA

Even Semester Term End Examinations July 2023

Programme: Advance Diploma in Child Guidance and Counselling

Session: 202-23

Semester: Second

Max. Time: 3 Hours

Course Title: Group Work and Community Interventions

Max. Marks: 70

Course Code: SHSS PSY 05 02 05 C 3126

Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) What is Leadership?
- b) Explain Group?
- c) What is Mock Session?
- d) What do you understand by Empathy?
- e) What is Community awareness?
- f) What is Stimulation?
- g) Differentiate between Critical and Creative Thinking.

Q 2. (2X7=14)

- a) What are treatment groups? Explain in detail.
- b) What are Life Skills? Explain them in detail
- c) What are the stages of group work?

Q3. (2X7=14)

- a) What is ADDIE Model as intervention design?
- b) How will you process Group Work activities?
- c) What is Leadership? Why is leadership skill required in a counselor?

Q 4. (2X7=14)

- a) What is Community organization? Give its principles
- b) Explain the stages of Community organization.
- c) What are types of community participation?

Q 5. (2X7=14)

- a) Explain community mental health service system.
- b) What community based programmes work for child care?
- c) How can Mental Health Programmed be strengthened?

CENTRAL UNIVERSITY OF HARYANA

Term End Examinations July 2023

Programme: Advance Diploma in Child Guidance and Counselling

Session: 2022-23

Semester: II

Max. Time: 3 Hours

Course Title: Family Interventions

Max. Marks: 70

Course Code: SHSS PSY 05 02 06 C 3126

Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.
2. Question no. 2 to 5 have three parts and student are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Critically analyze the differences between counselling and psychotherapy.
- b) Discuss the concept of family therapy.
- c) Briefly describe the role of case worker in social practice.
- d) Write a short note on practice guidelines during therapy.
- e) What is the basic concept of parent child interaction therapy?
- f) Discuss the concept of joint solution finding in social casework practice.
- g) Write about the practice guidelines for parent child therapy.

Q 2. (2X7=14)

- a) What are the basic skills of counsellor important for effective counselling.
- b) Discuss the various types of family interventions and their relevance?
- c) Write about the concepts of guidance, counselling and psychotherapy and illustrate their importance.

Q3. (2X7=14)

- a) Discuss the principles and steps involved in social case work practice.
- b) Write about the components of case worker and client relationship.
- c) Why is it important for a counsellor to consider home and school visits during social case work.

Q 4. (2X7=14)

- a) Mention various disabilities and their impact on development of individuals.
- b) What are the different skills required for family guidance? Explain with example.
- c) Discuss the steps involved during synthesizing a workshop.

Q 5. (2X7=14)

- a) Discuss the practice guidelines and their importance in family guidance.
- b) Briefly describe the various theoretical constructs of parent child interaction therapy.
- c) Write a short note on the process of behavior modification.

CENTRAL UNIVERSITY OF HARYANA

Term End Examinations July 2023

Programme: Advance Diploma in Child Guidance and Counselling

Session: 2022-23

Semester: II

Max. Time: 3 Hours

Course Title: Family Interventions

Max. Marks: 70

Course Code: SHSS PSY 05 02 06 C 3126

Instructions:

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- b) What are the different skills required for family guidance? Explain with example.
- c) Discuss the steps involved during synthesizing a workshop.

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- b) Briefly describe the various theoretical constructs of parent child interaction therapy.
- c) Write a short note on the process of behavior modification.

CENTRAL UNIVERSITY OF HARYANA

Term End Examinations July 2023

Programme: Advance Diploma in Child Guidance and Counselling

Session: 2022-23

Semester: I

Max. Time: 3 Hours

Course Title: Child Development

Max. Marks: 70

Course Code: SHSS PSY 05 01 01 C 3126

Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) Define morality and describe its concept using suitable examples.
- b) Discuss the concept of attachment.
- c) Differentiate between scaffolding and zone of proximal development.
- d) Briefly discuss bobo doll experiment and indicate the findings.
- e) Describe the impact of teratogens in prenatal development.
- f) Write about accommodation and assimilation and their role in development.
- g) Briefly explain the contribution of Sears in development theories.

Q 2. (2X7=14)

- a) Describe the development of cognition in children.
- b) Explain sociocultural theory of development.
- c) Compare and contrast the contribution of Piaget and Vygotsky in development theory.

Q3. (2X7=14)

- a) Illustrate the sequence of prenatal development.
- b) What are the development characteristics of behavioral domain during infancy and toddlerhood?
- c) Mention the functions and types of play in pre-school children.

Q 4. (2X7=14)

- a) Highlight the characteristics of bio social development during middle childhood years.
- b) Discuss the progression of development in play behavior during middle childhood years.
- c) Describe the play activities and games which are common in adolescence.

Q 5. (2X7=14)

- a) Write about various school readiness skills.
- b) Write a short note on reading and arithmetic skills.
- c) Explain the development of language in reference to spelling and writing skills.

CENTRAL UNIVERSITY OF HARYANA

Even Semester Term End Examinations July, 2023

Programme: Advance Diploma in Child Guidance and Counselling

Session: 2022-23

Semester: Second

Max. Time: 3 Hours

Course Title: Interventions for Children

Max. Marks: 70

Course Code: SHSS PSY 05 02 07 C 3126

Instructions:

1. Question no. 1 has seven parts and students are required to answer any four. Each part carries three and half Marks.

2. Question no. 2 to 5 have three parts and students are required to answer any two parts of each question. Each part carries seven marks.

Q 1. (4X3.5=14)

- a) What is Play Therapy?
- b) Differentiate between integration and inclusion.
- c) What is 'Childhood Trauma'?
- d) What play media can be used with children in play sessions?
- e) What is ADHD?
- f) What is a Case Study?
- g) Briefly describe Learning Disability.

Q 2. (2X7=14)

- a) What are the applications of Play Therapy?
- b) What role does therapist play in Directive Play sessions?
- c) What are the indications and contraindications in play therapy?

Q3. (2X7=14)

- a) What is the process of conducting Play Sessions?
- b) What are the theoretical underpinnings of Non - Directive Play Therapy ?
- c) What practice guidelines are followed in Play Sessions?

Q 4. (2X7=14)

- a) What social skills can support children with behavioral disorders?
- b) What are the basic requirements in setting up a play room?
- c) What is Skill Training? How can it enhance the functioning of Children?

Q 5.

(2X7=14)

- a) What provisions have been detailed by CBSE for children with learning problems?
- b) Differentiate between Asperger's syndrome and Autism. How can autism be managed?
- c) How can a less restrictive environment be established in schools?